How to use Zoom at Sophia

ICT Office Sophia University

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1. Introduction

Sophia University has a site license agreement for Zoom.

This section describes the registration procedures and precautions for using Zoom at Sophia University.

Since Zoom is a cloud service, it is subject to change at any time. For more information on how to use it, please visit Zoom's official website or other sources.

1-1 Rules of Use

1-1-1 Licensing of Zoom

It is assumed that you must comply with the following Zoom license when using this service.

https://zoom.us/terms

Ultimately, Sophia University is responsible for everything done with the Sophia University account.

If the license is abused or the use is against public order, the university may be held liable first, and then Sophia University may pursue the user's responsibility.

Please refrain from misuse as it may cause problems due to the contract with Sophia University.

1-1-2 Use of Sophia University's Zoom account for purposes other than class and research

The ICT Office does not provide support or troubleshooting services.

We do not provide account hosting for webinar licenses or issue licenses to outsiders.

1. Non-commercial Use

It is not a problem to use "private non-commercial use" and "non-private but noncommercial use" within the scope of the Zoom account and license assigned to an individual.

Examples: Calls with families living far away, online meetings of academic conferences, and scientific research project meetings

2. Commercial Use (Educational and Research Purposes)

Use at other universities and educational institutions: It is permissible to use Zoom for educational and research purposes only. However, please ensure that you obtain permission from the respective university.

3. Commercial Use (other than for Educational and Research Purposes) Using it for profit-making activities, such as side jobs or economic activities by companies outside their contract, is prohibited.

Please use an account contracted individually.

1-1-3 Use of accounts of other universities and organizations at Sophia University (Sophia University, Sophia University Junior College) for education, research, and clerical work

Please avoid using accounts issued by other organizations for education, research, and clerical work at Sophia University (Sophia University, Sophia University Junior College). ICT Support refuses to provide any support or troubleshooting (technically impossible).

1-2 Contract Details and License Allocation

1-2-1 Faculty and Staff Licenses

Faculty members and staff with a primary status of 'faculty' or 'staff' in the personnel data, who have been assigned a 'sophia.ac.jp' email address, will be granted a license to host meetings for up to 500 participants."

*Only personal Sophia email addresses can be used. Accounts cannot be created with job accounts, shared mailbox addresses, etc.

1-2-2 Student Licenses

It allows meetings for up to 300 participants. However, the cloud recording feature is not available.

1-2-3 Regarding Eagle Mail Holders (Graduates, Retirees, etc.)

If a Zoom account has been created for Eagle Mail holders (graduates, retirees, etc.), it will be managed by Sophia University and be a free license. You cannot apply for a personal Zoom contract with an Eagle Mail address. Please use a different email address to apply.

2. Sign in to Zoom Account

2-1 Sign in with a Web browser

Access Zoom at this URL: https://sophia-ac-jp.zoom.us/saml/login

 Access the Zoom sign-in page (<u>https://sophia-ac-jp.zoom.us/saml/login</u>). The following login screen will appear. Enter your ID and password and click [Login]. Login ID: Student Number or Faculty ID Number Password: Sophia ICT account (Same as Moodle, Sophia Mail, etc.)

grated Authentication System 統合認証システム
Click the link if you have forgotten your passw 日本語/Eng
Login

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2. Upon successful authentication, you will be redirected to the Zoom "Profile" page.

ZOOM Products Solution	is Resources Plans & Pricing	1	Schedule	Join	Host ~	Web App	
Profile							
Meetings Webinars	 other participants or members. Y 	rs, chats or channels hosted on Zoom, your profile information, including your name and profile picture, may be visible to four name and email address will also be visible to the account owner and host when you join meetings, webinars, chats or you're signed in. The account owner and others in the meeting, webinar, chat or channel can share this information with apps					
Events & Sessions							
Personal Contacts	You haven't connected your cale	ndar yet. Connect now to manage all your meetings and events in one place.				Connect	×
Personal Devices							
Whiteboards	Enable Nested App Authentication	on to keep your zoom web portal and calendar meeting updates in sync.			L	sam more	×
Notes							
Surveys		@eagle.sophia.ac.jp				E	dit
Recordings & Transcripts		Employee ID					
Clips							
Scheduler							
Settings							
Reports	Personal						
Account Profile	Phone	Not set			Ad	d Phone Num	ber
	Language	English				6	dit

2-2 Registration of Name

Enter the name correctly. It may be used to confirm attendance, especially for students, so please strictly adhere to the same registered in the student registration. To register your name, click "Edit" on your profile after signing in to Zoom.

1. After signing in to Zoom, go to your profile page and click [Edit].

ZOOM Products Solution	s Resources Plans & Pricing	Schedule	Join	Host ~	Web App	
Profile						
Meetings	Mee you join meetings, webinars, chats or channels hosted on Zoom, your profile information, including your name and profile picture, may be visible to o ther participance or members. Your name and email address will also be visible to the account owner and host when you join meetings, webinars, chats or because a thick pacting the provide direct in the pacting of the provide visible of the pacting of the provide direct pacting the provide direct					
Webinars	channels on their account which you're signed in. The account owner and others in the meeting, webinar, chat or channel can share this information with apps and others.					
Events & Sessions						
Personal Contacts	You haven't connected your calendar yet. Connect now to manage all your meetings and events the place.				Connect >	~
Personal Devices						
Whiteboards	Enable Nested App Authentication to keep your zoom web portal and calendar meeting updates in sync.			i	earn more	×
Surveys						_
Recordings & Transcripts	Sophia Test User				B	dit
Clips	Employee ID					
Scheduler						
Settings	P					
Reports	Personal					

2. Enter in the "First Name" and "Last Name" and "Display Name" and click [Save].

zoom	Products	Solutions	Resources	Plans & Pricing	3							
Profile												
Meetings						nosted on Zoom, your profile info						
Webinars			 other participants or members. Your name and email address will also be visible to the account channels on their account while you're signed in. The account owner and others in the meeting and others. 									
Events & Session	S											
Personal Contact	Personal Contacts Personal Devices			connected your cale	ndar yet. Connect now	r to manage all your meetings an	d events in on					
Personal Devices												
Whiteboards			Enable Next	d App Authontiont	on to keep your zeem	web portal and calendar meeting	undatos in o					
Notes			Ellable Neste	su App Authenticati	on to keep your zoonn	web portai and calendar meeting	updates in sj					
Surveys				C	First Name	Last Name						
Recordings & Tra	nscripts				Sophia	Test User						
Clips					Display Name							
Scheduler					Sophia Test User							
Settings						our first name, full name, or be shown to others on Zoom						
Reports					Name Pronunciation	n						
Account Profile					Enter the phonetic	e phonetic spelling of your name to be displayed						
				spenning of your name to be displa	ayou							
Zoom Learning C	Zoom Learning Center				e.g. San Jose							
Video Tutorials				1	Company							
Knowledge Base					Save Cancel							

2-3 Do not use Gmail or Facebook to sign in to Zoom

Suppose you signed in with Gmail or Facebook; your account may be unintentionally registered with a different email address, resulting in a sign-in that is not your Sophia University email address, and you may not be able to participate in a meeting successfully. Please sign out and sign in again using your Sophia University email address.

3. Installation and Updating of Zoom Software and Apps

3-1 Signing in and using the browser

You can access the Zoom web page (<u>https://sophia-ac-jp.zoom.us/saml/login</u>) with various browsers (Firefox, Edge, Chrome, and Safari) and join Zoom meetings. However, we strongly recommend that you install the software application described below before using it.

When using Zoom with various browsers, SSO login is required each time the browser is launched.

For the sign-in procedure in your browser, please refer to "2-1 Sign in with a Web browser".

3-2 Installation of Software and Apps

Please follow the procedure below to install it on the device to use. We recommend that you use a PC and software, such as Windows or Mac, if you are hosting Zoom meetings or presenting materials.

Downloading the Zoom Workplace desktop or mobile app https://support.zoom.com/hc/en/article?id=zm_kb&sysparm_article=KB0060928

3-3 Updating of Software and Apps

Please update the Zoom software/apps consciously and regularly. As a security measure, it seems to be updated frequently.

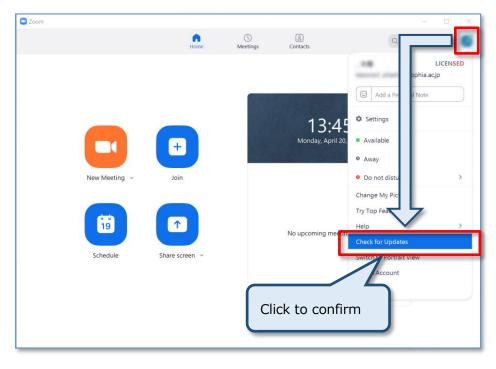
Updating Zoom to the latest version https://support.zoom.com/hc/en/article?id=zm_kb&sysparm_article=KB0060716

3-3-1 Automatic Update Notification

Zoom		•		Contacts	Q Search	
		A new versio	on is available! Upc			
			_			
				Mon Cli	ck to update	٦
		+				
	New Meeting 🖌	Join				
	19			No upcoming meet	ings today	
	Schedule	Share screen 👻				

You will be notified when there is an update to your Zoom software.

Manual Update Confirmation



3-4 Sign in to your Zoom account on the PC application

1. Launch the Zoom application. Click [Sign in].

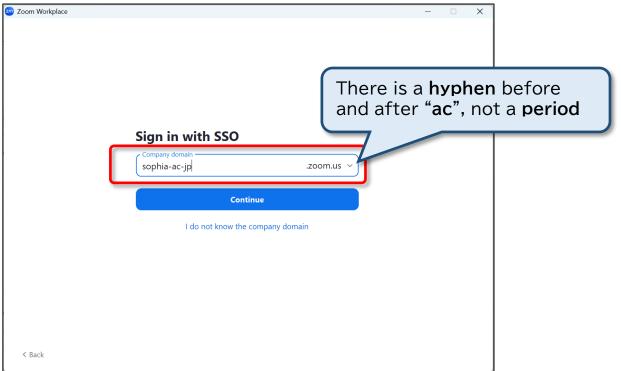
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zoom Workplace		
Join a meeting Sign up		
Sign in		
		₽ おすす

2. Click [SSO].

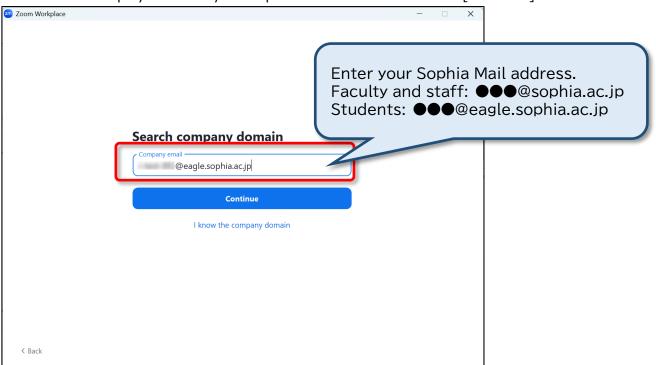
200 Zoom Workplace		- 🗆 X
	zoom Workplace	
	Enter your email	
	Enter your password Forgot?	
	 Keep me signed in or sign in with 	
	< C 0	
	SSO Apple Google Facebook	
< Back		Sign up

3. Please do either Method 1 or Method 2.

Method 1) Enter "sophia-ac-jp" in the Company Domain and click [Continue] (Please note that the hyphens are used before and after "ac", not a period).



Method 2) Click on "I don't know the company domain"; the 'Search Company Domain' screen will be displayed. Enter your Sophia email address and click [Continue].



4. The following login screen will appear in the browser. Enter your ID and password and click [Login].

Login ID: Student Number or Faculty ID Number

Password: Sophia ICT account (Same as Moodle, Sophia Mail, etc.)

Integrated Authentication System 統合認証システム
.ogin ID
Password
パスワードを忘れた方は以下のリンクをクリ Click the link if you have forgotten your passw
日本语/En Login

5. When the login authentication is successful, a dialog box will appear in your browser. Click on [Open Link]

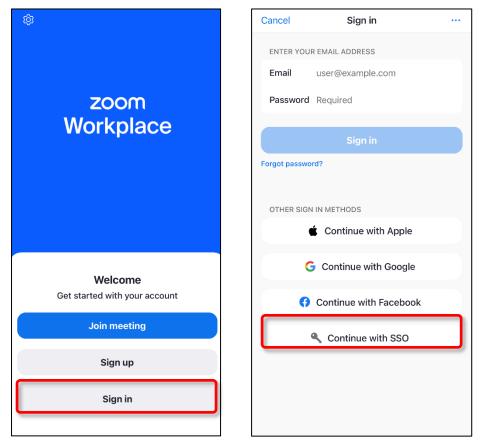
ZOOM	Zoom 14. Allow https://tophia-ac-jp.zoom.us to expen the zoommtg link with Zoom Meetings? Choose a different application. Arrays allow https://sophia-ac-jp.zoom.us to open zoommtg Z- X->	Support English +
	Sign in with SSO	
	Click Open link on the dialog shown by your browser	
	If you don't see a dialog, click Launch Zoom below	
	By launching Zoom, you agree to our Terms of Service and Privacy Statement	
	Launch Zoom	
	©2025 Zoom Communications, Inc. All rights reserved. Trust Canter Acceptable Use Guidelines Legal & Comptiance Do Not Sell My Personal Information Cookie Preferences	
		Q

6. The screen will return to the Zoom app, and Zoom will be available on the app. Thereafter, you will remain logged in.

<		Q Search	Ctrl+F	Home	Scheduler	C Whiteboards	Clips	••• More	(10	\bigcirc		A	-	×
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							+							
					New meeting	~	Join							
					19		1							
					Schedule	Sha	re screen							
									8 (Get s	tarte	d		^

3-5 Sign in to your Zoom account on your smartphone app

1. Launch the Zoom app. Tap [Sign in]. And Tap [Continue with SSO].

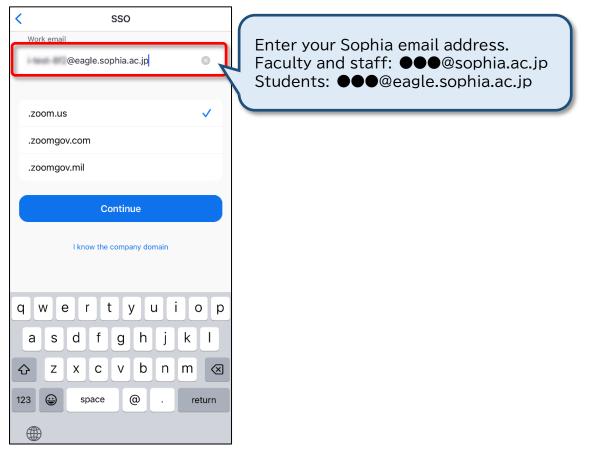


2. Please do either Method 1 or Method 2.

Method 1) Enter "sophia-ac-jp" in the Company Domain and tap [Continue] (Please note that the hyphens are used before and after "ac", not a period).



Method 2) Click on "I don't know the company domain"; the 'Search Company Domain' screen will be displayed. Enter your Sophia email address and click [Continue].



3. The following login screen will appear in the browser. Enter your ID and password and tap [Login].

Login ID: Student Number or Faculty ID Number

Password: Sophia ICT account (Same as Moodle, Sophia Mail, etc.)



4. When a confirmation dialog box appears, tap [Allow] and open Zoom.

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ZO	om	Support	English 👻
strictly r partners	ses cookies and si necessary to make s would also like to your use of our sit This site is trying	our site work. We set additional coc	and our okies to
only chan settir	applic	ow	kie l our
Priv	Don't	allow	
	ACCEPT	COOKIES	
	Cookies	Settings	
Trus	15 Zoom Communicati st Center Acceptable nce Do Not Sell My	e Use Guidelines L	_egal &

5. The screen will return to the Zoom app, and Zoom will be available on the app. Thereafter, you will remain logged in.

â	Meeti	ngs	Ci
New meeting	+ Join	19 Schedule	Cr Share screen
	Add a ca	lendar	
		g meetin gs will be lis	
Meeting	s	M	ore

4. How to Join a Zoom Meeting

An Invite Link, meeting ID, and passcode are required to join a Zoom meeting.

For information on how to join, teachers will instruct you through My Sophia, Moodle, Sophia Mail, etc.

4-1 Sign in to Zoom

Important: Please check that you have signed in correctly by following the steps in 2-1 Sign in with a Web browser" and "3-4 Sign in to your Zoom account on the PC application".

If you have not signed in with Sophia Mail, you cannot properly join a meeting if it is a "Sophia Zoom account is required to join" meeting.

4-2 Enter meeting information and join

There are three main ways to join a Zoom meeting.

- Join by entering your Meeting ID from the Zoom app
- Join by entering your Meeting ID from the Zoom website
- Join by clicking on the link in the invitation URL
 - If the organizer has set up a "You must have a Sophia Zoom account to participate" requirement, you may need to sign in using the following steps when you click the invite URL link.
- 1. Click [SSO]. Sign In Email Address Password 0 Help 🕑 Forgot password? **ZOOM Workplace** Work happy with AI Companion 2.0* coming soon By signing in, I agree to the Zoom's Privacy Statement and Terms of Service. Stay signed in Or sign in with 0 G SSO Facebook Google ed by reCAPTCHA and the Privacy Policy and Terms of Service apply

2. Please do either Method 1 or Method 2.

Γ

Method 1) Enter "sophia-ac-jp" in the Company Domain and click [Continue] (Please note that the hyphens are used before and after "ac", not a period).

Sign In With SSO Enter your company domain.	There is a hyphen before and after "ac ", not a period
Company Domain sophia-ac-jp .zoom.us Help 🕑	
Continue	

Method 2) Click on "I don't know the company domain"; the 'Search Company Domain' screen will be displayed. Enter your Sophia email address and click [Continue].

Search Company Do	omain	
Email Address @sophia.ac.jp	Faculty and	ophia mail address. staff: ●●●@sophia.ac.jp ●●@eagle.sophia.ac.jp
Continue		
I know the company domain		
Zoom is protected by reCAPTCHA and the P Policy and Terms of Service apply.	rivacy	

 Access the Zoom sign-in page (<u>https://sophia-ac-jp.zoom.us/saml/login</u>). The following login screen will appear. Enter your ID and password and click [Login]. Login ID: Student Number or Faculty ID Number

Password: Sophia ICT account (Same as Moodle, Sophia Mail, etc.)

Integrated Authentication System 統合認証システム	
gin ID	
ssword	
	glis
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Login 024/9/7からログイン方法が変更になりました。 フィアICTアカウントのログインID(学生番号/教職員番号、卒 生の方は在学時学生番号/SFxxxxxxなど)およびパスワード	

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4. When the login authentication is successful, a dialog box will appear in your browser. Click on [Open Link]

zoom	Allow https://tophia.ac.jp.zoom.us to open the zoommtg link with Zoom Meetings?	Support English +
	Choose a different application. Zoorm (d. # 7-1-5-X2-1 Open Link Cancel 3	
	Sign in with SSO	
	Click Open link on the dialog shown by your browser	
	If you don't see a dialog, click Launch Zoom below	
	By launching Zoom, you agree to our Terms of Service and Privacy Statement	
	Launch Zoom	
	62025 Zoom Communications, Inc. All rights reserved. Trust Center Acceptable Use Guidelines Lagel & Compliance I De Not Self My Personal Information Cookie Preferences	
		0

More information on the support site:

https://support.zoom.com/hc/en/article?id=zm_kb&sysparm_article=KB0060732

5. Host a Meeting

Since Zoom is a cloud service, changes can be made occasionally. Please refer to the Zoom support page for general information other than the items set by Sophia University.

The points to note at the meeting at Sophia University and the original operation are listed below.

5-1 Setting of "Only authorized users can join"

If the box is checked when the meeting is held, only users who have logged in with "sophia.ac.jp" or "eagle.sophia.ac.jp" can join the meeting.

This feature is useful when taking attendance.

However, if you want to lower the threshold for guests from outside the university or for participants on campus who are not familiar with the operation, please uncheck the box.

Scheduling a Meeting from a Browser

zoom	SOLUTIONS - PLA	NS & PRICING CONTACT SALE	:5	SCHEDULE A MEETING	JOIN A MEETING
PERSONAL Profile Meetings Webinars Recordings Settings		My Meetings > Schedule a Schedule a Meeting Topic Description (Optional)	Meeting My Meeting Enter your meeting description		
		Meeting Options	 Enable join before host Mute participants upon entry II Only authenticated users can join Ristricted to Sophia's Zoom (sop sophia.ac.jp.eagle.sophia.ac.jp Edit Add watermark that identifies the v Add audio watermark that identifies Breakout Room pre-assign Automatically record meeting 	t viewing participant	~

	Generate Automatically Personal Meeting ID 330 439 4206
	Security Passcode 598187 Waiting Room
	Video Host: ○ On O Off Participants: ○ On O Off
	Audio O Telephone O Computer Audio
New Me	Telephone Computer Audio Telephone and Computer Audio 3rd Party Audio
	Calendar
٦s	Outlook Google Calendar Other Calendars
Scheo	Advanced Options
	Only authenticated users can join Ristricted to Sophia's Zoom (sophia.ac.jp or eagle.so
	sophia.ac.jp,eagle.sophia.ac.j View/edit all 2 domains
	Add audio watermark that identifies the participants

Scheduling a Meeting from App

5-2 Cloud Recording

Only faculty members with license allocation can record in Zoom's cloud area. By "Sharing Work", it is possible to access it by providing the URL to the students who could not connect to the Zoom meeting for some reason.

However, the recording capacity is shared by the whole and is set to be deleted in 30 days. Please download and store the necessary data individually.

The estimated usage capacity is 2GB (about 4 hours) per person. The exact contract is 0.5GB (about 1 hour) x 2200 (the number of contracted users at Sophia University). However, we assume that not all faculty members covered by the contract will use it.

Since the operation is a provisional rule, it is subject to reconsideration, but <u>there is no</u> <u>exception to any request for an extension of the storage period for individual</u> <u>recordings.</u>

Please refer to the following for more information on cloud recording functions and usage. https://support.zoom.com/hc/en/article?id=zm_kb&sysparm_article=KB0062627

5-3 Output of participant log

Log in to Zoom's WEB page, display "Usage" in the "Reports" section, and click the number of "Participants" of the target meeting.

	ANS & PRICING CONTACT SALES	SCHEDULE A MEETING JOIN A MEETING HOST A MEETING -
Profile	Reports > Usage Reports > Usage	Document
Meetings	From: 04/21/2020 III To: 04/22/2020 IIII	Search
Webinars	Maximum report duration: 1 Month	
Recordings	The report displays information for meetings that ended at least 30 minutes as	go.
Settings	Export as CSV File	Toggle columns -
Account Profile Reports	Has Meeting User User Email Department Group Zoor ID Name Roor	Creation Start Duration m Time Time End Time (Minutes) Participants Source
	@sophia No .ac.jp	04/20/2020 04/21/2020 04/21/2020 10:59:46 01:54:38 02:59:32 65 9 Zoorr AM PM PM
Attend Live Training	5	>
Video Tutorials		
Knowledge Base		

A list of participants is displayed and can be downloaded.

Meeting Participants		ケスト参加者 2名: 認証済ユーザー以外の参加を許可すると、外部 の方も参加可能になります。しかし、その場合に「名		
Export with meeting dat		パソコン名などが記録される を正確にとることは困難に	5場合もあり、授業 なります。	Export
Name (Original Name)	User Email	Join Time	Leave Time	Duration (Minutes)
The same from the	i@sophia.ac.jp	04/21/2020 01:54:38 PM	04/21/2020 02:59:32 PM	65
	@sophia.ac.jp	04/21/2020 01:56:21 PM	04/21/2020 02:59:26 PM	64
	@sophia.ac.jp	4/21/2020 01:54:43 PM	04/21/2020 02:59:30 PM	65
1.00	@sophia.ac.jp	04/21/2020 01:56:17 PM	04/21/2020 02:59:27 PM	64
Ishiyama		04/21/2020 01:59:26 PM	04/21/2020 02:59:27 PM	61
	@ .co.jp	04/21/2020 02:00:02 PM	04/21/2020 02:59:26 PM	60

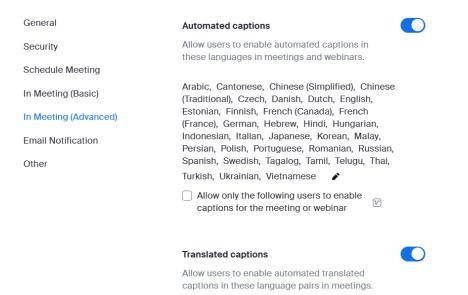
If "Only authenticated users can join" is not set, then outside participants will be able to join, but it will be difficult to accurately track class attendance if a computer name is entered in the "Name" field or the [User Email] field is left blank.

5-4 Captions and translation

Zoom Captions and translations are available for meetings held under a faculty/staff license. For example, if a meeting participant is speaking in English, other participants can see captions in languages such as German, Italian, and Japanese. Participants can turn the closed captioning on and off and switch between languages.

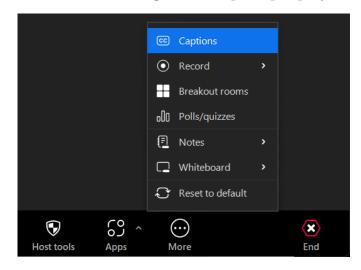
Host-side Preparation

Log in to the Zoom Web Portal > [Settings] > [In Meetings (Advanced)] tab and make sure "Automated captions" and "Translated captions" are enabled.

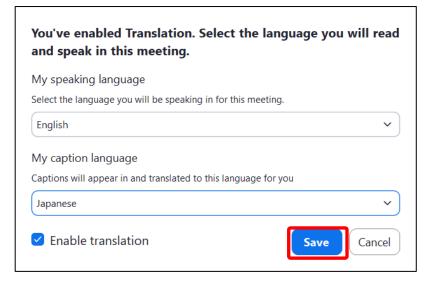


Operation during meetings

1. Join a Zoom meeting and click [More] > [Captions] at the bottom of the window.



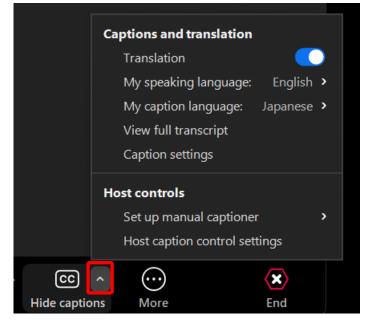
2. When the following window appears, select the language and click "Save".



3. Participants' comments are translated and displayed with captions.



4. Captions and translations are set from [^] to the right of [Captions].



6. Zoom Settings

There are two types of Zoom settings: those that can be set on the web and those that can be set on the app or the web. Here are the recommended settings. Options are added or changed constantly, so please adjust accordingly.

6-1 "Meeting" tab

1. Waiting room: ON

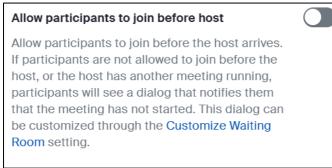
When ON, participants must enter the waiting room once and be authorized by the host or co-hosts to join the meeting. This is secure, but it requires time and effort to allow.

Waiting Room

When participants join a meeting, place them in a waiting room and require the host to admit them individually. Enabling the waiting room automatically disables the setting for allowing participants to join before host.

2. Allow participants to join before the host : OFF

When ON, participants may start conversations with each other.



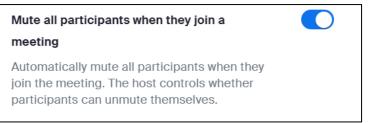
3. Use Personal Meeting ID(PMI) when scheduling a meeting: OFF

Personal meetings are not recommended. Because the same ID and password are always assigned, participants can join the meeting on different days.



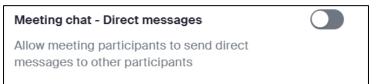
4. Mute all participants when they join a meeting : ON

Reduce noise at the start of the meeting.



5. Meeting chat – Direct messages : OFF

When ON, participants can send chats to each other individually without including the host. Usually, it is not necessary to allow this.



6. Meeting chat – Auto-save : ON

If not turned ON, chat content will be lost at the end of the meeting.



7. Co-host: ON

When ON, co-hosts can be designated.

The co-host can enter the room from the waiting room, manage breakout rooms, and more.



8. Meeting Polls/Quizzes : ON

Polling features. Questions can only be created after the meeting has started. It is used for very simple purposes.



9. Screen sharing: ON Who can share?: Host Only

Only the host should be allowed to share the screen. If participants can share screens without the host's permission, Zoom Bombing will occur.

Screen sharing	Who can share?
Allow host and participants to share their screen	O Host Only
or content during meetings and webinars	O All Participants ?

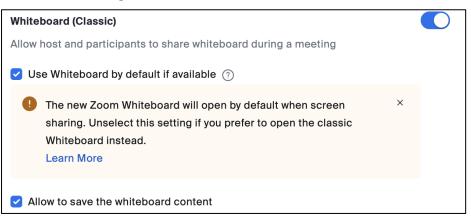
10.Annotation: ON

It can be OFF, but it is useful when commenting on the material presented by others in seminars, meetings, etc. However, if it is ON, please be careful after the meeting starts.



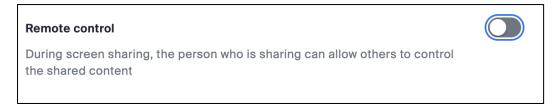
11.Whiteboard(Classic): ON Allow to save the whiteboard content: ON

Automatic saving of the whiteboard should be ON.



12.Remote control: OFF

When ON, during screen sharing, the person sharing can allow others to control the shared content.



13.Breakout room - Meetings : ON

This feature splits participants into small rooms so that everyone can hold meetings. Hosts and co-hosts can move to any room.

Breakout room - Meetings

Allow host to split meeting participants into separate, smaller rooms

About the breakout room

Meeting breakout rooms allow you to split your Zoom meeting into up to 100 separate sessions. The meeting host or co-host can choose to split the participants of the meeting into these separate sessions automatically or manually, or they can allow participants to select and enter breakout sessions as they please. You can also pre-assign participants to breakout rooms when you schedule the meeting instead of managing them during the meeting. The host or co-host can switch between sessions at any time and monitor the level of activity in each room. Breakout room participants will have the same audio, video, and screen share capabilities as allowed in the main session.

14.Focus Mode: ON

Focus mode is a feature that allows meeting participants to see Myself, Host, Co-host, Shared Screen, and Other Participants Names Only. It can be turned ON/OFF during a meeting.



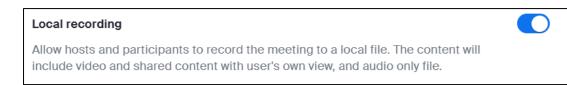


A mode that shows only hosts and co-hosts' videos and profile pictures during a meeting. Focus Mode can be found in the "More" menu in the in-meeting toolbar.

6-2 "Recording" tab

1. Local recording : ON

When ON, recordings can be stored in the device.



2. Cloud recording : ON

Cloud recording is only available to faculty and staff. Please read separate section "Cloud recording" for more information on how to use Cloud recording

Cloud recording	
Allow hosts to record and save the meeting / webinar in the cloud	

3. Delete cloud recordings after a specified number of days : ON * unchangeable

The settings ensure that data is automatically deleted after a specified number of days. You cannot individually exclude items or change the number of days because it incurs costs for the entire university.

Delete cloud recordings afte	er a specified number of days	Locked by admin
Specify a time range (days):	60	

7. Zoom Security (Supplementary Information)

Here is supplemental information regarding reports of meetings being disrupted even within the university. Zoom security is often discussed as a single topic, but there are two types.

There are the following two types of Zoom security.

A : Since it is a simple setting, there may be security concerns depending on how it is used.

B: There are security issues with Zoom software and the construction method.

Regarding A, there is no problem if you are careful about changing settings and using them; the same can be said for other tools. However, as a trade-off, it is no longer easy to use, and the settings and operations become more difficult, requiring more skill.

For example, a Zoom meeting can be held just by sending a "URL link for participation" to the meeting, but if you share this URL with a third party (or if it is spread on SNS), anybody can participate. As a countermeasure, there are measures such as setting a password for the meeting and creating a waiting room. Sophia University applies such a setting by default.

For even stronger security, if it is an on-campus event, it is sure to have participants "Sophia-bound", but there is a possibility that some participants will not be able to sign in properly.

The latest clients have improved countermeasures to deal with problems that arise. A "Suspend participant activity" feature has been implemented that disables all participants with a single action. An action has also been taken to report the problem to Zoom, Inc.

Regarding B, it can be largely avoided by keeping the software up to date. Zoom is also easier to understand, more convenient, and more stable than other tools. It would be more difficult to "have students or users who have never used Skype or Google Meet before using such tools" than to have them use Zoom because of the time and effort required to collect email addresses and IDs. Therefore, we recommend the use of Zoom, except for seminars where another communication tool has already been established.

For online meetings and calls between faculty and staff, Teams can also be used, although it is difficult to make a simple comparison as Teams is more secure, and Zoom is superior in terms of video and call quality. In addition, Zoom is not compatible with Office Infrastructure (VDI) and is not recommended currently due to its disadvantages for staff use.

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